

ONE-PAGE FREQUENTLY ASKED QUESTIONS

SHARING YOUR HEALTH EXPERIENCES AND CONCERNS MAKES A DIFFERENCE

WHAT IS THIS STUDY ABOUT?

The goal of the Person to Person Health Interview Study is to better understand how a person's social environment, culture, behaviors, genetic traits, and physical environments affect a person's health and risk for certain diseases. We also want to learn your opinions about mental health and addictions and how you, your family, and your community have been affected.

WHO IS PAYING FOR THIS STUDY?

IU is funding the study as part of Indiana University's Grand Challenges Program. For more information about this program, please visit grandchallenges.iu.edu.

HOW WAS I CHOSEN?

The study is about Hoosiers' health, but no one is chosen because of a chronic medical condition or hospitalization. Your household's address was one of only a few thousand throughout the state of Indiana that were randomly selected to participate in this research—and a random adult will be chosen from your household to complete the interview. Your household will be representing many households in your local community.

WHAT DOES BEING IN THE STUDY INVOLVE?

If you agree to participate in all parts of the study, there will be only one 2.5-hour visit that will take place in your home or another mutually agreed upon location at a time convenient to you. This visit will include:

- Answering a questionnaire (approximately 90 minutes) administered by a trained interviewer
- Having the option to respond to an extra 30-minute questionnaire that asks your opinions about drug abuse and addictions, and your social networks
- Allowing audio recordings of your opinions and experiences in your own words
- Allowing physical measurements to be taken, including blood pressure, oxygen level, pulse, height, weight, and waist/hip/neck circumference
- Providing a saliva sample by spitting into one plastic tube provided to you (approximately 30 minutes for the measurements and saliva sample combined)

WILL I BE PAID FOR MY TIME?

Yes! You will receive up to \$125 for participating in all parts of the study. You will receive \$75 for completing the main questionnaire and measurements, \$25 for providing a saliva sample, and \$25 for answering the drug abuse and addictions questionnaire.

DOES THE INTERVIEW HAVE TO TAKE PLACE IN MY HOME?

We prefer to conduct the study visit in your home to protect your privacy and confidentiality. Conducting the study in a public location puts you at risk for others hearing your responses to questions. However, if you prefer, we will identify a public location (like a local public library) where the interview can be conducted with minimal interruptions and as much privacy as possible.



WHY DO YOU WANT SALIVA SAMPLES?

Researchers in the future will study things in samples like chemicals, biomarkers, and DNA. Chemicals include things like medications or drugs. Biomarkers are signals that something has happened in your body like a hormone change or infection. DNA is your unique genetic information.

ARE MY NAME AND ANSWERS CONFIDENTIAL?

Yes! Visit our study website for details at go.iu.edu/person-to-person.

I'M BUSY AND HEALTHY. WHY SHOULD I DO THIS?

We all want to live long and healthy lives. People who do health research are helping doctors and other health care providers learn better ways to keep us healthy and find new medicines and treatments for when we do get sick.

We understand that you are busy and thank you for considering being part of our study. Part of our research measures how common health issues are in Indiana. Part of our research looks at how Hoosiers like you feel about health care delivery in your local community. These require that **we give those in poor—and good—health an opportunity to share, be counted, and influence the future of healthcare.**

WHAT SAFETY PRECAUTIONS ARE BEING TAKEN TO PROTECT ME FROM COVID-19?

While no person-to-person activity is risk free, we have been working—and will continue to work—closely with public health experts to identify, minimize, and monitor risks for COVID-19 exposure. Here is what you can expect from us:

- Adherence to the latest safety guidelines from federal, state, and university agencies
- Suspension of research activities in any developing COVID-19 hotspots in Indiana
- Ongoing monitoring of the health status of every interviewer to ensure no one approaches your home who has knowingly been exposed to, or is showing symptoms of exposure to, COVID-19
- An advance call before your interview to see if anyone in your home has been or is ill (if this is the case, staff will reschedule your interview for a later date)
- Careful cleaning and sanitizing of all tablets and equipment immediately before and after your interview
- An interviewer who has limited direct contact with you and wears personal protective gear for the duration of your discussion (we can provide a disposable mask for you as well)

WHO CAN I CALL TO SCHEDULE AN INTERVIEW?

If your household has been randomly selected to participate, you can schedule an interview or verify the study is real by calling IU's toll-free study line below.

STUDY BENEFITS & CONTACTS

PARTICIPANTS GET ...

- **Your voice heard** on your community's health needs, including the availability and delivery of care for you and others
- **A token of appreciation** (\$75-\$125 gift card on the spot)

CONTACT US ANY TIME ...

IU Person to Person Health Interview Study
1-844-875-0057 (toll free) or P2Psurv@indiana.edu

Study Administration

IU Center for Survey Research, CSRsurr@indiana.edu