Interviews are expected to end April 2021

We analyze and share top findings

We work with partners to decide if the study should be ongoing

You’re helping researchers to ...

- Learn about the health concerns and attitudes of Indiana residents in their own words
- Determine how common health issues are, including obesity, substance abuse, diabetes, and cancer
- Connect genetic risk factors and social environments to disease outcomes
- Inform state officials of important public health needs

WHAT’S NEXT

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- We analyze and share top findings
- We work with partners to decide if the study should be ongoing

PROGRESS SINCE OCTOBER 2018

2,047 HOUSEHOLDS
Hoosiers in our study live in 41 urban and rural counties

16% PEOPLE OF COLOR
Participants come from many ethnic and racial backgrounds

18–104 YEARS OLD
Participants range in age from 18 to 104 years old

THANK YOU FOR SHARING YOUR HEALTH EXPERIENCES

This is a quick summary of what Person to Person Health Interview Study participants like you help us accomplish. More information about the study is available online at:

GO.IU.EDU/PERSON-TO-PERSON

Statistics are subject to change until data collection and analysis end in 2021.
### Reported Illnesses

Respondent—or someone in the respondent’s immediate family—has the illness now or had the illness in the past:

- **70%** Arthritis
- **62%** Obese/Overweight
- **60%** Cancer
- **56%** Diabetes
- **46%** Asthma
- **44%** Heart Attack
- **36%** Stroke
- **35%** Heart Disease

### Substance Use
- **1 in 2** has smoked at least 100 cigarettes in their lifetime
- **1 in 3** has used an e-cigarette or other “vaping” product
- **27%** say they should cut down on drinking alcoholic beverages
- **23%** know at least one person who experienced drug addiction (of those, 3 in 10 are family)
- **13%** say they have used prescription opiates in a way that was not prescribed
- **4%** have used heroin or other illicit opioids

### Attitudes & Experiences
- **3 in 4** get at least 15 minutes of minimal-effort exercise five times per week
- **61%** want a clean needle distribution program for those who use drugs
- **1 in 5** thinks that getting treatment for mental health would make someone an outsider in their community
- **16%** think they have been unfairly stopped, searched, questioned, physically threatened, or abused by the police

### Financial Health
- **1 in 5** missed a health-care appointment
  
  *Due to cost, participants say someone in their family has missed an important medical or dental appointment in the past year*

- **15%** cut back on food
  
  *Due to cost, participants say they have cut the size of—or skipped—meals in the past six months*